

## NVC School Rusinga, Kenya

Dear

I am writing to you with very good news.

As you might have heard I am involved in a wonderful school project in Rusinga Island, Kenya: A secondary school based on Nonviolent Communication (NVC) values. I have given my heart and passion to this project for several reasons - the biggest reason being that it will give dedicated spaces to teenage mothers. Many girls get pregnant much too early, some by rape and some by consent. In many cases they are thrown out of school and out of home.

I would like to support them to come back to school, and increase their chances for a life with more options than selling sex for food, which is what many of them end up doing when they are left with no other means of providing for their child and themselves.

In Kenya there is a lot of violence and domination in the school system, and this is my second passion. To build a school that is based on nonviolent principles and consciousness . A safe space for teenagers both boys and girls

**This school is very special** because it has been requested from over 100 parents who have been receiving NVC training for more than 15 years. They received their NVC training from Jan van Koert in the beginning and then later from Irmtraud Kauschat & Christiane Welk and the team. Jane Connor has provided NVC mediation, and Catherine and the team have trained the teachers. These parents have seen the benefit of NVC and have strong wishes for their children to go to an NVC school based on connection and empathy, and not the usual authoritarian Kenyan school based on punishment.

***We believe this school will become a role model for the rest of Kenya and many other countries in Africa and beyond.***

We all would find it wonderful if you would support this project.

**We have created a Community Based Organisation (CBO)**, and acquired the land, we have built a fence and gate, and the latrines. We are working with architects and engineers to create buildings that will support a safe and inspiring learning atmosphere.

See our flyer [on this link](#)

And here is a 1:12 minute video for inspiration:

[Intro Video to NVC School Rusinga.mp4](#)

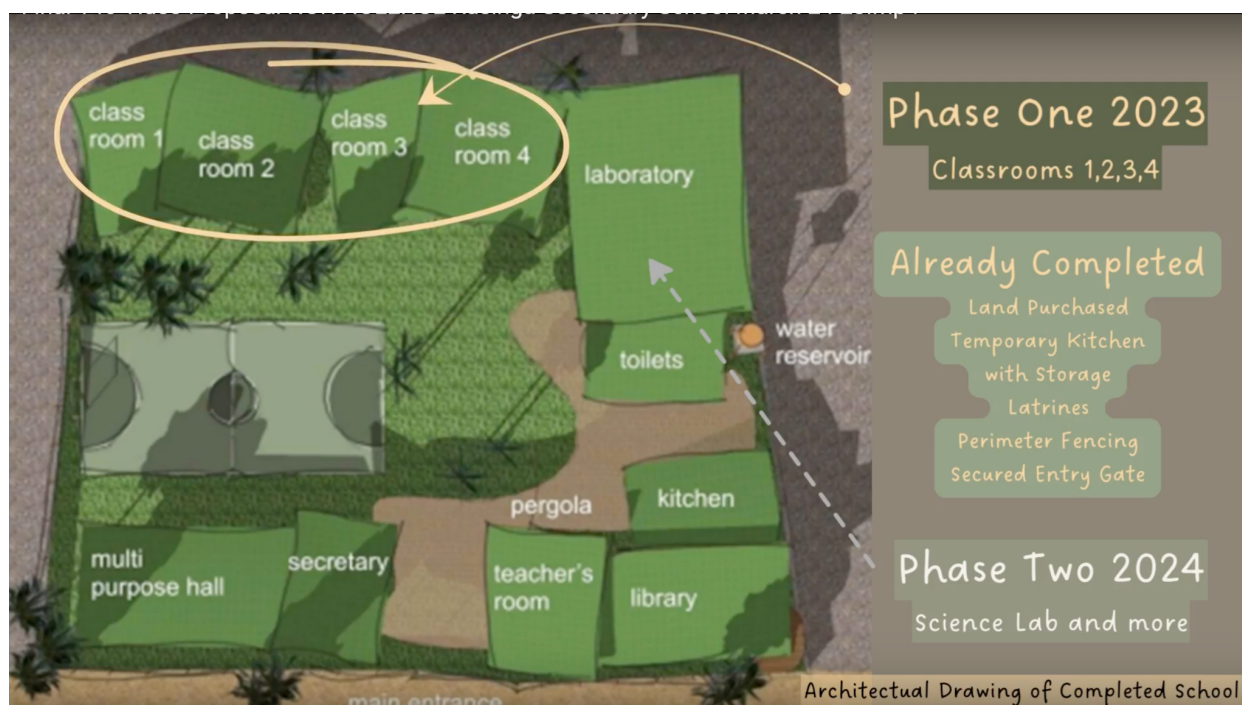
Here is a short presentation of phase 1 of the school building, 1:46 minutes:

## [Video Grant Application for NVC School Rusinga.mp4](#)

**Phase 1:** Right now we are asking for US\$ 35.000 to build the first 4 classrooms during May-October 2023. This will be 314 m<sup>2</sup>

In November-December we will install furniture and teaching material for around US\$2-3.000. We are working hard to have the school ready to start in January 2024, because the school year only starts in January..

**Phase 2:** In 2024 we will build a Science lab, Library, Kitchen and Community Hall, which is estimated to cost US\$ 70-80.000. This will be further 615 m<sup>2</sup>.



## **Next step is to raise more support for this project.**

You can support us in many ways, by sharing this information with others and donating money:

### **Be our ambassador:**

Tell your friends and family about the project, share link to our website with them:

<https://nvcrusinga.school/>

### **Share on SoMe:**

Like and follow our Facebook page and LinkedIn page, and invite friends and family to do the same. This will be the place for you to find updates about our project:

<https://www.facebook.com/nvcschoolrusinga>

[Link to our LinkedIn page](#)

### **Donate money and invite others to donate:**

See our donation page for the different ways to send us money. For citizens of USA and Germany it is possible to get a tax-deduction for your donation:

<https://nvcrusinga.school/donate/>

You can also donate directly to the bank account for the “Nonviolence Communication Rusinga” in Kenya who is running the school, see information about the local [Community Based Organisation](#).

### **Help us gather credibility:**

If you choose to donate money, you might do so from your business or a company you work for, and ask them to have their logo on our website. This way we will start building a reputation of a solid project that already has donors who trust us.

<https://nvcrusinga.school/donate/>

This initiative is supported by 5 different support groups, and we are more than 200 people already backing this school to become manifest.

Rusinga, group of parents: [Nonviolent Communication Rusinga Community - CBO](#)

Kenya, NVC NGO in Kenya: [Tuzungumze Amani Foundation](#)

Africa, Network of 16 countries: [NVC Africa Network](#)

12 Certified Trainers with CNVC: [Recommendation for NVC School Rusinga, Kenya](#)

International Support Group: [Our team](#)

## **Two examples of the challenges for young people wanting an education, and the violence they endure:**

Recently a young student was beaten so badly by 3 teachers that he ended up in hospital. He is said to loose testicle. This happened close to the Rusinga Island:

[News clip of 2:45 minutes](#)

Teenage pregnancy is all too common and girls struggle for their human rights. I share here a short video of a girl being beaten by several men in her village.

This young girl escaped forced marriage. When she was going back home to collect her belongings to resume school she was subjected to this brutality.

The young woman was later taken to a shelter and one person arrested.

This happened further away from Rusinga Island in the northern part of Kenya.

**Warning - this is brutal, so choose if you want to see it:**

[Video of teenage girl being beaten 1:08 minutes](#)

We hope you feel moved and inspired to collaborate with us to make a nonviolent dream come true

with joy and gratitude

Kirsten

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CNVC Certified Trainer

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